



4. Delivering Level 2 Training

Introduction

Level 2 Bikeability training is delivered on local roads giving trainees a real cycling experience that equips them with skills to deal with traffic on short journeys such as cycling to school, work or the local shops.

The aims of the Level 2 course are:

- To encourage and develop safe cycling skills.
- To develop positive attitudes towards road use.
- To increase knowledge and understanding of the road and traffic environment.
- To give trainees the confidence to use their bikes on local roads.



Level 2 training has 15 compulsory outcomes:

- 1 All Level 1 outcomes
- 2 Start an on road journey
- 3 Finish an on road journey
- 4 Be aware of potential hazards
- 5 Understand how and when to signal intentions to other road users
- 6 Understand where to ride on roads being used
- 7 Pass parked or slower moving vehicles
- 8 Pass side roads
- 9 Turn left into a minor road
- 10 Make a U-turn
- 11 Turn left into a major road
- 12 Turn right into a major road
- 13 Turn right from a major to minor road
- 14 Demonstrate decision-making and understanding of safe riding strategy
- 15 Demonstrate a basic understanding of the Highway Code

There are 3 optional outcomes:

- 16 Decide where cycle infrastructure can help a journey and demonstrate correct use
- 17 Go straight on from minor road to minor road at a crossroads
- 18 Use mini-roundabouts and single lane roundabouts