

## Bikeability Training



As part of your affiliation to NE Derbyshire School Sport Partnership we are able to offer you Bikeability Level 2 training for children in either year 6 or year 5. The training is at no cost to your school, however due to reduced funding NED SSP is now charging £0.80 per child for the award pack of badge, certificate and Bikeability booklet. The award pack also includes Tales of the Road, the governments highway code for children.

NED SSP has commissioned Wheely Fun Wheels to deliver Bikeability training to all their schools.

Wheely Fun Wheels is a group of National Standards Cycling Instructors who work together as a co-operative. We all live in and around Chesterfield and are regular cyclists putting into practice what we teach on a daily basis. All instructors have Enhanced CRB checks, insurance to provide cycle training and first aid training. Wheely Fun Wheels has its cycle training course accredited with Bikeability and will supply Bikeability Level 2 badges and certificates to all who complete the course. Our Bikeability scheme number is 704196A. Bikeability training can only be delivered by accredited schemes.

At the start of the process we will suggest suitable dates for training which will be confirmed later when we have definite numbers. We will provide a parents letter and consent form for you to use.

As we are funded 'per pupil trained' it is very important that the numbers of children we are arranging the course for are accurate.

We will arrange a date with you at least three weeks before training starts when we finalise numbers, usually done by you counting the consent forms returned. This is essential to roster instructors for the required number of courses. The dates agreed initially may change depending on numbers.

Our training consists of several sessions. Depending on the number of trainees the sessions usually take place over two or more days. The first session (Bikeability Level 1) will take place on a traffic free area, ideally the school playground for about 2 hours. This will include basic bike checks, helmet checks and general handling skills. At this stage the instructors will assess each child to see if they are suitable to continue to Level 2.

Further sessions (Level 2) will take place on quiet roads as near to the school as possible. This will take up to 6 hours depending on the size of the group. The location will be identified by the instructors and a specific risk assessment completed by our instructors. A school representative will be asked to sign the risk assessment on the first day of training.

All children are required to wear a helmet and hi vis vest at all times. We will supply the hi-vis vests and also bring 6 helmets per group for children who don't have their own (we can usually supply more if required). Instructors will also carry mobile phones, basic tool kit, pump, first aid kit, the risk assessment and register. It is the parents responsibility to send a working bike as outlined in our parents letter given to each child. It is a legal requirement that all bicycles used on roads must have 2 working brakes. Unfortunately we cannot take a child out on the road unless their bicycle complies with the law.

**NEDSSP may be able to hire bikes from Chesterfield SSP for children that don't have access to a bike. There will be a charge of £7.50 per hired bike. Your school will be invoiced by NEDSSP.**

The instructors will decide if a session is to be cancelled due to adverse weather. Rain will not necessarily stop training taking place and children should come equipped with a suitable waterproof layer. Gloves are essential during the winter and advisable most of the time! Sun protection should be supplied in the summer. Instructors will notify the school as soon as possible if a session is to be cancelled.

We hope that all your children enjoy the Bikeability experience. Should you have any questions please don't hesitate to contact your instructors. Alternatively you can contact us by telephone - 01246 520820, 07834 838076 or e mail - [info@wheelyfunwheels.co.uk](mailto:info@wheelyfunwheels.co.uk)

More information on Bikeability can be found at [www.dft.gov.uk/bikeability](http://www.dft.gov.uk/bikeability)